Volume 5 May 2011 Questions about the program see OM 500.010 on the Shared drive! Has been recently updated! **Ridge Dogs** Coyote Ridge Correction Center



Krystal Ellingson CRCC Volunteer of the Year



Krystal Ellingson was selected as CRCC Volunteer of the Year. Correctional Program Manager Rick Karten presented Krystal with her award on May 4, 2011 at the facilities annual award ceremony.

Volume 5 May 2011 Questions about the program see OM 500.010 on the Shared drive! Recently Updated





Professional Photographer Michael Kloth visits Ridge Dogs Program

The pictures above were taken by Michael Kloth on Wednesday April 27th, 2011, Michael Kloth came to visit our program with Krystal Ellingson, volunteer trainer. Michael posted a review of the Ridge Dogs Program after his visit on April 27th, 2011 in the HeARTs Speak edition on May 2, 2011. Michael also set up a Facebook page for the Ridge Dogs Program called <u>*RIDGE DOGS*</u>. The photos posted on Facebook will not have any recognizable faces on it, only pictures of the Ridge Dogs. It was a good experience and I'm happy that I can help the process along a bit. Michael stated to Krystal that he knew the dogs were benefiting greatly from the program and it was gratifying to learn that the program was having such a positive impact on not only the handlers but from what he was told, on the pretty much the entire prison. It was a pleasure talking to and working with everyone that he met while visiting the program. He plans on returning to visit the Ridge Dogs Program with Krystal Ellingson on her visit in May.

<u>Pet photographer Michael Kloth</u> earned a Master of Fine Arts degree through his work photographing adoptable animals at the <u>Benton-Franklin Humane Society</u> and at the <u>Tri-Cities Animal Shelter</u>. Having created thousands of beautiful animal portraits, he knows what it takes to create an heirloom that a family will treasure. Based in the Tri-Cities, Michael serves Richland, Kennewick, Pasco, West Richland and the surrounding communities. He is a Certified Professional Photographer and is member of the <u>Professional Photographers of America</u>. He has been working in the Tri-Cities since he moved to Richland in 2008. In addition to working with local animal rescue groups, Michael is currently an Adjunct Professor of Fine Arts at Washington State University. His art can be seen locally at the Allied Arts Gallery and at regular exhibitions throughout the area. His first book <u>Shelter Cats</u> is now available everywhere books are sold and his follow up title <u>Shelter Puppies</u> is now available for pre-orders through major book retailers.



Sage 3

RIDGE DOGS PROGRAM EXPANDING TO CRCC (MSU) CAMP

The Ridge Dogs Program will be expanding to the CRCC (MSU) Camp. One of the Offender Handler's was recently selected and moved to the CRCC (MSU) Camp, where he will be the Camp Companion Dog Handler. Krystal Ellingson plans to tour the camp with a program dog on Wednesday, May 25th. During that visit she will also give training to the camp companion dog handler. The camp dog handler will have the responsibility for training future and additional Camp Dog Companion Handlers. The program for Sage Unit assisted living offenders is still in the planning stages and will not happen overnight. More to come.

Krystal Ellingson, Volunteer Trainer May Visit Wednesday—May 25th

Krystal Ellingson is planning to come to CRCC on Wednesday May 25th to spend most of the day. She has many things to do during the day so she has made a rough outline of what she hopes to accomplish. These timelines are a rough idea and they may need to be adjusted depending on the circumstances.

 \sim 9:00am - Tour camp with a program dog. At that point she will also give training to the camp companion dog handler. Camp handler will be the responsible party in training future and additional camp handlers.

 \sim 10:00am - Assess dogs training and behavior for color levels. Also, she will be training evaluators on how she wants assessments done.

 \sim 11:00am - Assess mentors technical training skills. She will be giving feedback to the mentors so they can be as effective as possible at not only training the dogs but also training new handlers.

~1:00pm - Appoint behavior consult panel. This panel will review the behavior of each program dog on a weekly basis and will determine training recommendations and provide behavior modification homework exercises for each dog if necessary. This panel will report to at least one appointed staff member who will determine if the behavior plan is appropriate. If there is any question whether the recommendation is appropriate she is available for phone or email behavior consultation to help determine appropriate action. Each week adjustments may be necessary in the behavior modification homework and recommendations. In addition to the behavior consult panel, the handler(s) of each dog is allowed to give input on their recommendations given the nature of their observations but the recommendations of the handler and the panel is subject to the decision of the appointed staff and/or myself.

~2:00pm - Demonstrations (I will be giving demonstrations to the entire group):

- Training the Basic Cues: How to
- Clicker Training Technical Skills: for the Handler
- The Shaping Game Marking Choices not Cues: Clicker Training and Free Shaping Behavior Modification Using Positive Reinforcement: How to Change Behavior Without Force Using a Clicker

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OFFENDER	DOC#	APPROVED	DOG
B-UNI	Т		
Garza	274022	Handler	Betty
Ortiz	346507	Handler	Betty
Root	339409	Handler	Blue
McCarroll	319741	Handler	Blue
Collins	895695	Handler	
Thomas	873249	Handler	
Buelna	715926	Alternate	ALT
NEW HIRE			ALT
D-UN			
Martin	810599	Handler	Bo
Barberi	330349	Handler	Во
Bishop	741931	Handler	Brewster
Hemmerle	878440	Handler	Brewster
Mayes	895524	Alternate	ALT
Saunders	898015	Alternate	ALT
Keene	279999	Alternate	ALT
NEW HIRE			ALT
NEW HIRE			ALT
NEW HIRE NEW HIRE			ALT
NEW HIRE			ALT ALT
I-UNI	Т		ALI
Conklin	859813	Handler	Lordie
Corbray		Handler	Lordie
Iones	806185	Handler	Lordie
Trammell	311386	Handler	Loi ule
	902215		
Wood		Handler	
Bowman	299610	Handler	Devieter
Summers	629377	Handler	Remington
Gamboa	291006	Handler	Remington
Larson	128619	Handler	Remington
Jolliffe	713907	Handler	Kilmer
Nuss	880110	Handler	Kilmer
Campbell		Handler	Kilmer
Hubert	341229	Alternate	ALT
NEW HIRE			ALT
NEW HIRE NEW HIRE			ALT ALT

Ridge Dogs

Coyote Ridge Correction Center

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RIDGE DOGS INFORMATION BLUE BETTY ORANGE Bandana: Bandana: YELLOW BREED Pit Bull Mix BREED Pit Bull Mix ~ Brindle AGE: Estimated 4 years old AGE: Estimated 11 months ALTERED Yes ALTERED Yes SEX: Male SEX: Female SHELTER IN-TAKE: 2/22/2011 SHELTER INTAKE: 4/4/2011 CRCC INTAKE: 4/21/2011 CRCC INTAKE: 4/21/2011 ~ Housed in B-Unit ~ ~ Housed in B-Unit ~ LORDY **KILMER** Bandana: YELLOW YELLOW Bandana: ~ Pre-Adopted ~ Chihuahua BREED BREED Long hair mix Shepher - Corgy Estimated 8 year Estimated 2 yea AGE: AGE: ALTERED ALTERED Yes Yes Male SEX: Male SEX: SHELTER IN-TAKE: Unknown SHELTER INTAKE: Unknown CRCC INTAKE: 1/25/2011 CRCC INTAKE: 1/25/2011

~ Housed in B-Unit ~

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RIDGE DOGS INFORMATION

I	REMINGTON		BO					
Bandana:	YELLOW	Bandana:	YELLOW					
~ Pre-Adopted ~ BREED	Prittony Mix	~ Pre-Adopted ~ BREED						
AGE:	Brittany Mix Estimated 3 years old	AGE:	Shepherd Mix Estimated 6 years old					
AUL.	Yes	AGE. ALTERED	Yes					
SEX:	Male	SEX:	Male					
SHELTER INTAKE	2/4/2011	SHELTER INTAK	E: Unknown					
CRCC INTAKE:	4/21/2011	CRCC INTAKE:	2/2/2011					
~ Ho	oused in I-Unit ~		~ Housed in D-Unit ~					
BRE	WSTER							
Bandana:	YELLOW							
BREED	Beagle mix							
AGE:	Estimated 4 years old							
ALTERED SEX:	Yes Male							
SHELTER INTAKE	: 4/24/2010							
CRCC INTAKE:	4/21/2011							
	~ Housed in D-Unit ~							

Ridge Dogs

Coyote Ridge Correction Center





Jage 7

A FEW PET PEEVES

Taking me for a walk, then not letting me check stuff out. Exactly whose walk is this anyway? Taking me to the vet for 'the big snip', then acting surprised when I freak out every time we go back!



Any trick that involves balancing food on my nose. Stop it!

Getting upset when I sniff your guests. Sorry, but I haven't quite mastered that handshake thing yet.



Any haircut that involves bows or ribbons. Now you know why we chew your stuff up when you're not home.



Dog sweaters. Hello ??? Haven't you noticed the fur?

The sleight of hand, fake fetch throw. You fooled a dog! Whoooo Hoooooooo what a proud moment for the top of the food chain. Now lay off me on some of these things. We both know who's boss here!



BENEFITS OF COMPANION DOGS



My goal in life is to be as good of a person as my dog already thinks I am. ~*Author Unknown*

For over 15,000 years dogs have worked to earn the distinction of being "man's best friend." Dogs have not only offered love and affection, but worked side-by-side with their human counterpart for centuries. A vast assortment of studies have been conducted to research the physical, emotional, and social benefits of canine companionship. **Physical benefits of dog companionship**

- Increase longevity after heart attacks. Dog ownership increases the odds for survival in persons who have had a heart attack from 1 in 87 to 1 in 15.
- *Lower cholesterol and triglycerides.* People with pets have been found to have lower cholesterol and triglyceride levels when compared to people who did not have pets, even when matched for weight, diet, and smoking habits.
- Decrease blood pressure and reduce stress. Studies of people undergoing stress tests or physical examinations have demonstrated that the presence of a dog lowered their heart rate and blood pressure during testing.
- *Increase physical activity and functioning.* People who own pets often have better physical health due to the need to exercise and care for their pets.
- *Reduce medical appointments and minor health problems.* The use of prescription drugs and the overall cost of caring for patients in nursing homes dropped in those facilities where companion animals became part of the therapy.
- *Predict seizures.* Some people who have periodic seizures have reported that their dogs can sense the onset of a seizure before they can. Now it has been found that dogs can be specially trained to recognize some type of change prior to a seizure, and signal the owner of the imminent seizure. These dogs are called 'seizure-alert' or 'seizure-response' dogs, and can be trained to signal their owners from 15 to 45 minutes prior to a seizure.
- *Alert to hypoglycemia.* There are also animals who alert their owners to episodes of hypoglycemia (low blood sugar), which allows the owner to correct the level before serious symptoms develop.

Emotional benefits of dog companionship

- *Adjust to serious illness and death.* Children often turn to their pet for comfort if a friend or family member dies or leaves the family. Grieving adults who did not have a close source of human support were also found to have less depression if they had a pet.
- *Be less anxious and feel more safe.* Pet owners tend to feel less afraid of being a victim of crime when walking with a dog or having a dog in the home.

Relax and reduce everyday stress. Pets can help us relax and focus our attention away from our problems and worries.

- *Have physical contact.* This ability to have something to touch and pet is very important. More and more studies show how important touch is to our physical and emotional health.
- *Lift our mood.* Pets decrease our feelings of loneliness and isolation by providing companionship to all generations. *Feel less lonely.* Pets can help ease the sense of loneliness or isolation we feel.
- *Have something to care for.* Everyone needs to feel needed and have something to care for. Many elderly citizens or people living alone will tell you their pet gives them a reason for living.
- *Keep active*. Having a pet can help us remain more active. We may not only get more exercise from walking a dog, but we also increase our activity through feeding, grooming, and otherwise caring for our pet.
- *Have consistency*. Pets provide some consistency to our lives. Caring for a pet can significantly affect our routine and gives us something to do and look forward to each day.

Social benefits of dogs

- *Create a sense of closeness and well-being.* Families surveyed before and after they acquired a pet reported feeling happier after adding a pet to the family.
- *Offer a topic of conversation.* A study in a veteran's hospital showed that the residents had more verbal interactions with each other when a dog was present in the room than when there was no dog present. Dogs were also shown to increase socialization among persons with Alzheimer's disease in a Special Care Unit of a nursing home.
- *Promote interaction*. Residents in long-term care facilities were more likely to attend activity sessions when an animal was going to be present.

Is there any wonder that the bond which began more than 15,000 years ago still exists today? Dogs have an extraordinary affect on many aspects of the human condition. Their ability to act the clown, be non-judgmental, help us feel needed, offer unconditional love and trust, provide an ear to our troubles, and warm fuzzy fur to hold and stroke ensures them the deserved title of "man's best friend."

ARTICLE FROM DR.'S FOSTER AND SMITH EDUCATIONAL STAFF @ WWW.DRSFOSTERSMITH.COM



WORD SEARCH

Find the words associated with Spring listed at the bottom of the page in the word search grid. The words can be forwards, backwards, vertical, horizontal, or diagonal.

l	F	Е	N	Ι	Н	S	N	U	S	R	Y	B	L	U	E	Ι	R
I	R	S	D	E	B	R	E	W	0	L	F	Ν	E	Ε	R	0	Т
	Ι	E	Ι	B	D	0	G	G	Ι	E	B	0	N	E	L	L	L
I	S	L	R	S	A	U	R	G	L	L	0	W	R	L	D	D	U
I	B	A	С	H	H	L	Y	L	J	Y	R	S	0	L	R	N	L
l	E	Ν	A	Р	R	Т	L	Ν	Р	X	Р	V	Т	U	E	E	U
1	E	D	Т	Ι	A	Α	E	Μ	U	S	E	U	Т	K	G	Ι	F
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7.	E	W	R	E	Р	W	E	L	0	0	F	L	Ι	R	Р	A	S
	V	G	R	G	С	R	С	J	B	B	A	G	E	K	A	L	н
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			FF	RISE	EE			FI	ETC	HIN	G		SP	RIN	GER		

FRISBEE	FETCHING	SPRINGER
BALL	DOG PARK	LAKE
DOGWOOD TREE	THROW	RIVER
JUMP	SUNSHINE	WALK
ROLLOVER	САТСН	JOGGING
WOODS	RAIN	WOODS
PICNIC	PLAYFUL	DOGGIE BON

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A2Z Animal Sheltering Services

A2Z is the non-profit program that manages the Tri-Cities Animal Shelter And Control Services!

> 1312 S. 18th Avenue Pasco, WA 99301 Phone: (509) 545-3740

-HelpSupport -arDogrorGate

The A2Z Animal Shelter always has a need for food for the Dogs and Cats kept at their Shelter. Anyone wishing to donate to the A2Z Animal Sheltering Services can do so by contacting them at the number provided above. Our Ridge Dogs Program here at CRCC also has a need for dog bones, rawhide chews, dog treats, and more. If you wish to make a donation to the Ridge Dog Program there is a simple form to fill out. You can find out more by contacting Rick Karten, CPM. *Any Donation made is greatly appreciated!*



CHANGES IN THE ADOPTION PROCESS FOR RIDGE DOGS

If you have an interest in adopting a Ridge Dog, you will need to fill out and submit an application to the A2Z Animal Sheltering Services for approval. You may obtain an application by contacting Rick Karten, CPM; o rJennifer Lynch, Sgt. After you have finished filling out the application and return it, they will assure your application is sent electronically to the A2Z Animal Sheltering Services in Pasco for screening. Please note that depending on the city that you live in and the ordnances for your area, the screening process may include a visit to your home.

If your application is approved, Program you will go to the A2Z Animal Sheltering Services to finish the application process and pay a \$100 fee prior to the final adoption (they accept only cash, debit or credit for payment).

If you want more information on the Adoption Process call A2Z Animal Sheltering Services at (509) 545-3740!